

# REAL TRAINING

## REAL Training Track Club Medical Consent / Waiver

Participant's Full Name \_\_\_\_\_

Address \_\_\_\_\_

Birth Date \_\_\_\_\_ Sex \_\_\_\_\_

Date of Last Tetanus Shot \_\_\_\_\_

Medicines now being taken \_\_\_\_\_

Allergies to any Medicines/Substances \_\_\_\_\_

List any Unusual Health Info \_\_\_\_\_

Parent/Legal Guardian Full Name \_\_\_\_\_ Ph# \_\_\_\_\_

Additional Emergency Contact \_\_\_\_\_ Ph# \_\_\_\_\_

I (we), the undersigned, the parents/legal guardian of the above Registrant, a minor, who resides with us, do hereby declare our intent to allow that child to practice, train, play and participate in all related activities and travel with the above mentioned track club.

I (we) agree that we and the Registrant will abide by the rules of the Amateur Athletic Union of Track and Field, its affiliated organizations and sponsors. Recognizing the possibility of physical injury associated with track and distance running, we hereby jointly and severally release, discharge and/or otherwise indemnify REAL Training, its affiliated organizations and sponsors, their employees and associated personnel, including the owners of the tracks, and facilities utilized for the Programs, against any claim by or on behalf of the Registrant as a result of the Registrant's participation in the Programs and/or being transported to or from the same, which transportation we hereby authorize.

I (we) further, jointly and severally, as parents and legal guardians of the Registrant, release, discharge, and agree to hold harmless and indemnify the above-named individuals or any of the designated coaches or volunteers of the above Team from any and all liability, claims or demands arising from the Registrant participating in the Programs with the above Team specifically to include any and all claims for personal injuries sustained while present or participating in the Programs or traveling to or from events in the Programs or while on trips sponsored by or in conjunction with the Programs.

In addition, I (we) do hereby authorize any one of the designated adults of the Team, if after a reasonable attempt has been made to reach a parent or guardian to obtain consent, or if sound medical practice decrees that there is not time to make such an attempt, to consent to any x-ray examination, anesthetic, medical or surgical diagnosis or treatment, and hospital care, to be rendered to the Registrant under the general or special supervision and on the advise of any physician or surgeon duly licensed to practice and do consent to any x-ray examination, anesthetic, dental or surgical diagnosis or treatment and hospital care, to be rendered to the Registrant by any dentist duly licensed to practice.

The undersigned have read and fully understand and agree to the foregoing

Parent/Legal Guardian \_\_\_\_\_ Date \_\_\_\_\_

Mandatory AAU membership needed - Everyone needs to have a AAU membership and be attached to REAL Training. The cost of AAU membership is 14 dollars. To register for a AAU membership, go to AAU – Track and Field be sure to sign up as a Real Training Colorado the club code WY7b7b.

***Responsibility | Education | Athletics | Leadership***